

I Thessalonians 5:7-8 (NKJV)

"Therefore let us not sleep, as others do, but let us watch and be sober. For those who sleep, sleep at night, and those who get drunk are drunk at night. But let us who are of the day be sober, putting on the breastplate of faith and love, and as a helmet the hope of salvation."

Definition - [Vines] It means to be free from the influence of intoxicants. It suggests the exercise of that selfrestraint that governs all passions and desires, enabling the believer to be conformed to the mind of Christ. [Titus 2:12]

"Sobriety" (1Timothy 2:9 +15) and "soberness" (Acts 26:25) speaks of "sound judgement" - meaning "it is that habitual inner self-government, with its constant rein on all the passions and desires, which would hinder the temptation to these from arising ... in such strength as would overbear the checks and barriers ... opposed to it."



 Holy Spirit's touch/inspiration — "Concerning the prophets: My heart is broken within me; all my bones tremble. I am like a drunken man, like a strong man overcome by wine, because of the Lord and his holy words." (Jeremiah 23:9 NIV) [1Samuel1:13; Acts2:13NIV]

•The storms of life -"Some went out on the sea in ships; they were merchants on the mighty waters For he spoke and stirred up a tempest that lifted high the waves They reeled and staggered like drunkards; they were at their wits' end." (Psalm 107:23, 25, 27 NIV)

Sin's seduction –

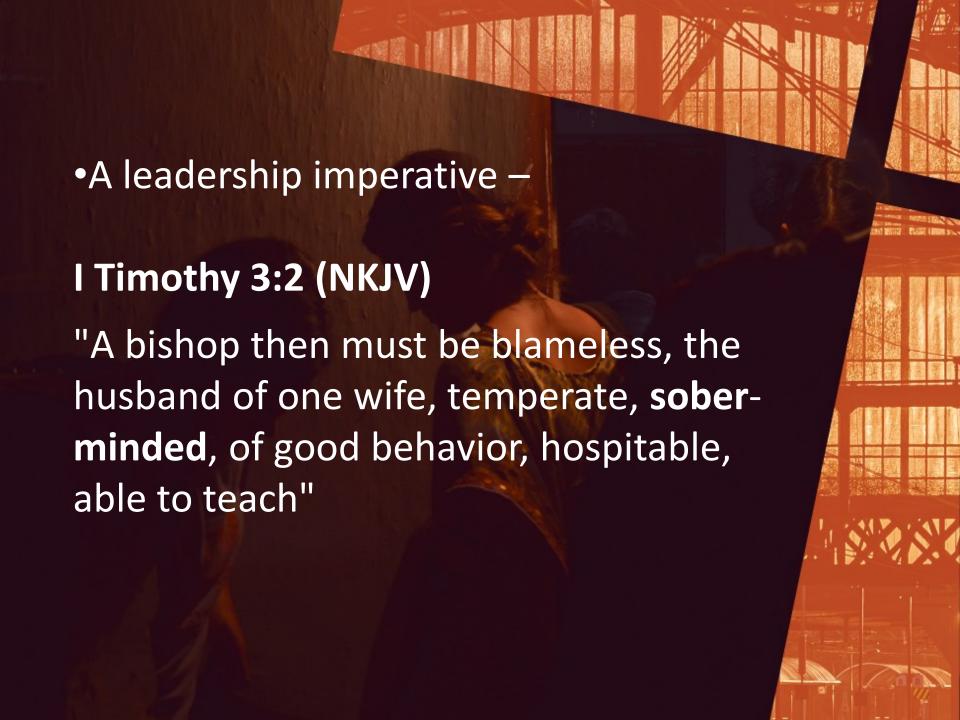
Revelation 17:1-2 (NET)

"Then one of the seven angels who had the seven bowls came and spoke to me. "Come," he said, "I will show you the condemnation and punishment of the great prostitute who sits on many waters, with whom the kings of the earth committed sexual immorality and the earth's inhabitants got drunk with the wine of her immorality."

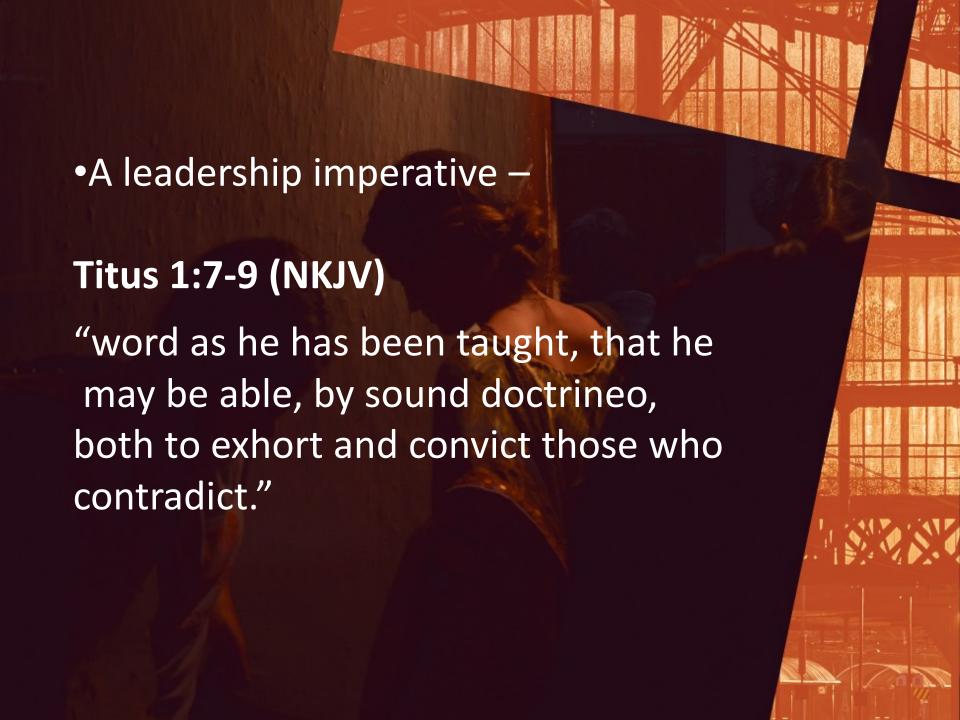
God's judgement –

"So the LORD, the God of Israel, spoke to me in a vision. "Take this cup from my hand. It is filled with the wine of my wrath. Take it and make the nations to whom I send you drink it. When they have drunk it, they will stagger to and fro and act insane. For I will send wars sweeping through them." (Jeremiah 25:15-16 NET) [Jeremiah 51:7, 39, 57; Isaiah19:14]





•A leadership imperative – **Titus 1:7-9 (NKJV)** "For a bishop must be blameless, as a steward of God, not self-willed, not quick-tempered, not given to wine, not violent, not greedy for money, but hospitable, a lover of what is good, sober-minded, just, holy, selfcontrolled, holding fast the faithful



An aspect of gender identity –

Titus 2:2 (NKJV)

"that the older men be sober, reverent, temperate, sound in faith, in love, in patience;"

Titus 2:6 (NKJV)

"Likewise, exhort the young men to be sober-minded,"

An aspect of gender identity –

Titus 2:4 (AMP)

"So that they will wisely train the young women to be sane and sober of mind (temperate, disciplined) and to love their husbands and their children,"

Essential for self-knowledge —

Romans 12:3 (NKJV)

"For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith."

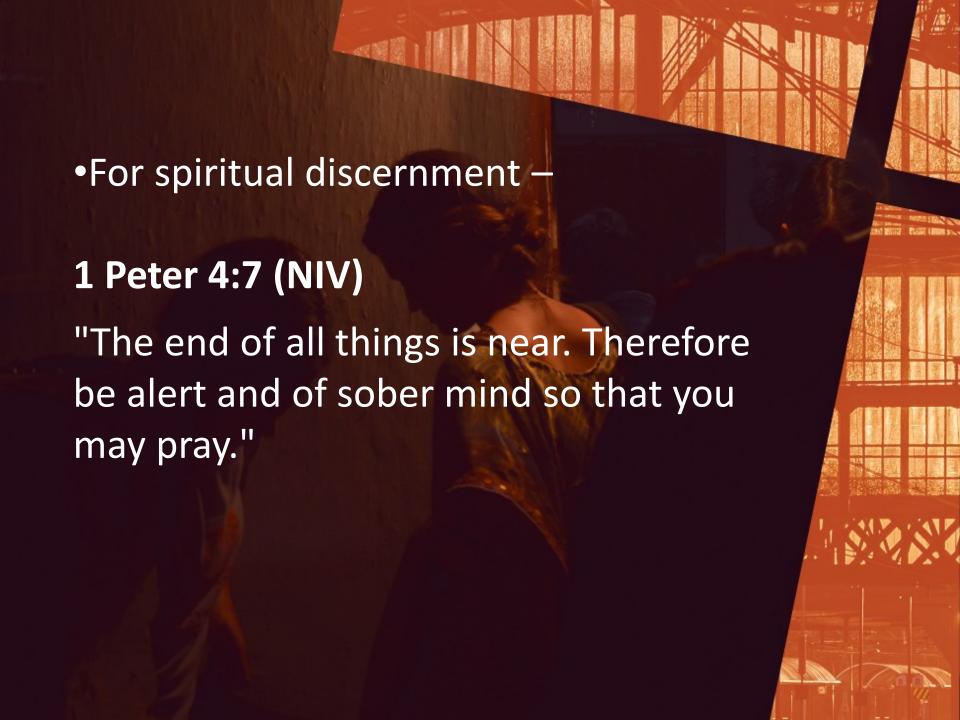
Essential for self-knowledge –

Self-knowledge encompasses our identity question with reference to 'who' we are; and it speaks to our destiny question with reference to 'what' we are. The 'who' refers to character formation, while the 'what' is reference to the inherent competencies, skills and gifts an

Essential for self-knowledge —

individual is endowed with at birth and is called to develop spiritually and vocationally, figuratively speaking. However, when we come to the place where we're given the grace to begin to discover the answers to these questions, God can begin to engage us on His future plans for us.

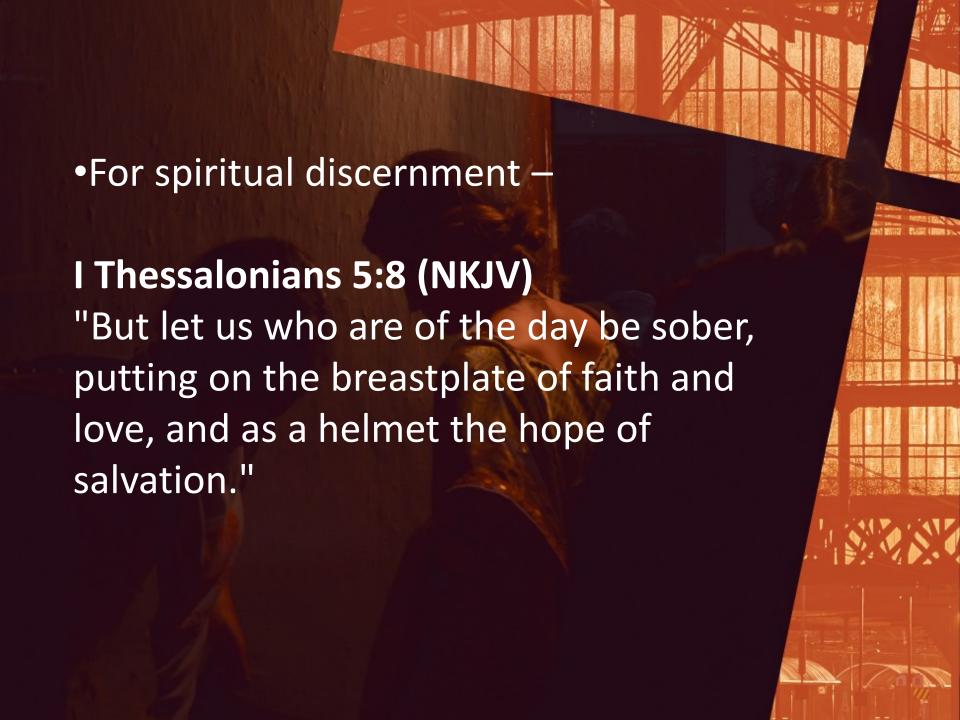
 Essential for self-knowledge – A healthy self-knowledge is a necessary safeguard against vanity, envy, presumption and pride - all the vices that had led to Lucifer's fall.

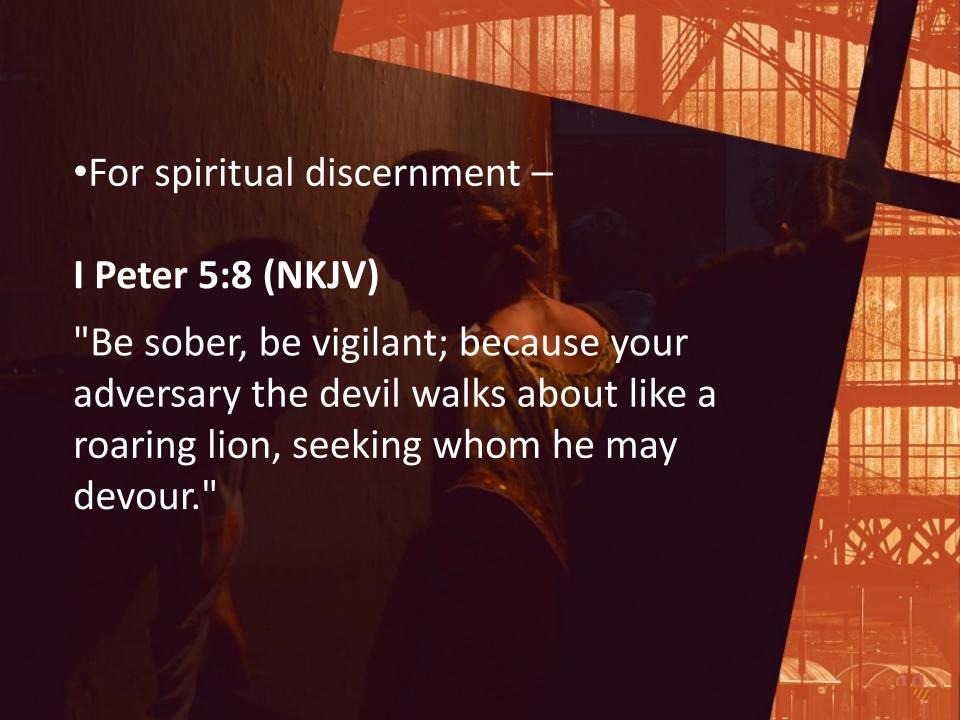


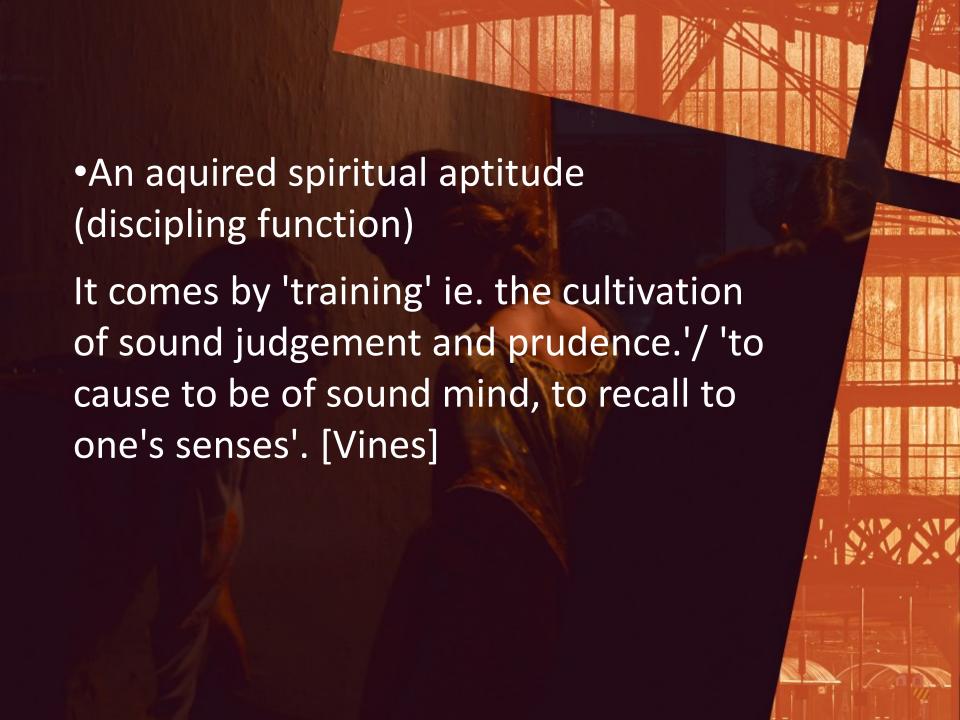
•For spiritual discernment –

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An aquired spiritual aptitude (discipling function)

Titus 2:2,6, 12 (NKJV)

"that the older men be sober, reverent, temperate, sound in faith, in love, in patience; Likewise, exhort the young men to be sober-minded, teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously,

 An aquired spiritual aptitude (discipling function) Titus 2:2,6, 12 (NKJV) and godly in the present age," Safeguard against vulnerability –

1Corinthiens 15:34 (AMP)

"Awake [from your drunken stupor and return] to sober sense and your right minds, and sin no more. For some of you have not the knowledge of God [you are utterly and willfully and disgracefully ignorant, and continue to be so, lacking the sense of God's

 Safeguard against vulnerability — 1Corinthiens 15:34 (AMP) presence and all true knowledge of Him]. I say this to your shame."

Safeguard against vulnerability –

1Peter 1:13 (NKJV)

"Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;" I